

Regarding: **Call for Research Papers – Oral & Posters**

Conference Date: **20th Feb – 23rd Feb 2024**

Location: **Bharat Mandapam, Pragati Maidan, New Delhi, India**

We are honored to invite distinguished scholars, experienced practitioners, and visionary thought leaders to submit their work for the **Global Conference of Meditation Leaders (GCML)**. Goal of this conference is to spread awareness about the significance of meditation in driving positive social change to leaders and decision makers in the government, education, healthcare, business and non-profit sectors.

In an era of unprecedented complexity, traditional frameworks often fail to address the deeper emotional, mental, and spiritual dimensions of individuals. Meditation bridges this gap. It offers an innovative approach, empowering everyone to cultivate qualities such as emotional intelligence, empathetic engagement, resilience, and sound decision-making, while fostering holistic well-being within their teams and organizations. The conference aspires to redefine and drive socio-economic change by embracing meditation as a transformative tool that integrates mindfulness, meditation, and self-awareness.

We seek submissions that provide innovative insights, evidence-based research, and actionable strategies for applying meditation across diverse sectors such as organizational excellence, education, healthcare, sustainability and community organizations.

Join us in shaping a new narrative through social change that harmonizes mindfulness with action, purpose with innovation, and personal well-being with collective growth.

Themes and Topics

We welcome papers that explore any of the following themes and sub themes related to Meditative Leadership.

1. Holistic Growth

Explore the multifaceted impact of meditation in:

- Enhancing emotional well-being, self-awareness, and resilience.
- Accelerating career growth through improved focus and emotional intelligence.
- Deepening interpersonal relationships with empathy and understanding.
- Driving positive societal change through mindfulness practices.
- Exploring the neuroscience behind meditation's role in holistic personal transformation.

2. Organizational Excellence

Investigate meditation's role in cultivating thriving workplace cultures:

- Integrating mindfulness practices for self-awareness and emotion.
- Fostering compassionate and resilient organizational cultures through meditative practices.
- Enhancing team productivity, clarity of purpose, and empathy.
- Increased clarity, compassion, and purpose, especially during crises and organizational change.

3. Physical Health & Mental Well-Being

Delve into meditation's profound effects on health and well-being:

- Reducing stress, improving emotional regulation, and preventing burnout.
- Accelerating physical healing and illness prevention.
- Strengthening overall physical and mental health for sustained well-being.

4. Excellence in Education

Examine meditation's transformative potential in education:

- Enhancing concentration, confidence, clarity, and creativity in students and educators.
- Improving learning outcome, academic excellence through meditation.
- The impact of meditation training on leadership effectiveness in educational settings.

5. Sustainability Excellence

Discover how meditation fosters a sustainable mindset:

- Cultivating a sense of interconnectedness with the environment.
- Inspiring leadership values aligned with ecological sustainability and collective well-being.
- Navigating global challenges such as climate change through meditative insights and action.

6. Meditation for Conflict Resolution and Peace

Analyze the transformative role of meditation in fostering peace:

- Increasing empathy, loving-kindness, and holistic understanding.
- Facilitating harmonious conflict resolution and promoting team cohesion.
- Leveraging meditative leadership to address global challenges such as social justice and political instability.

Submission Guidelines

Abstract Submission:

Please submit a 250 -word abstract outlining the focus of your paper, research objectives, methodology (if applicable), and key findings or contributions. Include your name, institutional affiliation, and contact details.

Selected abstracts will be published on the website and in the conference handbook.

Full Paper Submission

Full papers (3,000 words) for selected abstracts are to be submitted by 5 February. Selected papers will be invited to present the full papers at the GCML conference.

Full Papers will undergo a double-blind peer review process and will be published on the conference website and other channels as deemed fit by the organization.

Submission Timeline:

Date of Abstract & Full Paper Submission – 5 February 2025

Date of Full Paper Presentation at the conference – 21 & 22 February 2025

Late Submissions will not be considered.

Submission Method:

All abstracts and full papers should be submitted via www.buddhaceo.org/research with a copy of their submission to be sent at **research@buddhaceo.org** . Please ensure that your submission adheres to the formatting guidelines.

Review and Selection Process:

Submissions will be reviewed by the conference's scientific committee. Papers will be selected based on the following criteria:

- Relevance to the themes mentioned above.
- Originality and contribution to the field.
- Clarity and quality of writing.
- Practical implications and potential for impact in implementing policy

We look forward to receiving your submissions and to the opportunity to explore how meditative leadership can help transform organizations, communities, and the broader world.

RESEARCH COMMITTEE